

## KANZ NEWS – September 2017

[www.kanz.org.nz](http://www.kanz.org.nz)



### **That is where the revolution must take place**

We see there is progress in the obvious sense of that word; there are new inventions, better cars, better planes, better refrigerators, the superficial peace of a progressive society, and so on. It does superficially alter the conduct of our life, but can it ever fundamentally transform our thinking?

(Source: The Collected Works)

All our answers, social, economic, or religious, are sought by a mind that is conditioned, and therefore, whatever it is, the answer will be progressively conditioned, never beyond conditioning. That is, we are

always approaching the solution of all our problems with a conditioned thought.

(Source: The Collected Works)

That's the main crisis of our life. The crisis is not in the outward technological advancement, but rather in the way we think, the way we live, and the way we feel. That is where a revolution must take place.

(Source: The Collected Works)

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The image and quotes above are taken from a series of exhibition panels created by Vikram Parchure. The title of the exhibition is "To the Young".

Vikram is a designer exploring design as an instrument of social change and value education.

Krishnamurti's deep concern for the young led him to exhort youth to insightfully understand that the old ways of problem-solving will prove too inadequate to deal with the complexity of present-day world dilemmas. He said that only a mind that is fresh, youthful, perceptive and ever-willing to face the challenges of uncertainty can deal with this challenge successfully. What makes for such a youthful quality of mind, regardless of the body's physical age? This is the vitally important question that is explored in these panels.

Each KANZ newsletter is presenting one of the panels developed by Vikram for the reader's interest and reflection on the key themes of this exhibition.

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## **Krishnamurti Foundation Trust – Biennial International Committees Meetings**





The Krishnamurti Foundation Trust, based in the UK, held a gathering of all the Krishnamurti International Committees (ICM) in July at the Krishnamurti Centre in Hampshire. The Krishnamurti Association in New Zealand (KANZ) participated in this series of meetings. There were approximately 40 attendees, mostly from Europe, but there were also people from Canada, Australia, and of course New Zealand. The aim of the gathering is to bring people together who are deeply involved in promoting the teachings of Krishnamurti in their countries, and to share experience and information. The meetings worked well in achieving this.

The agenda for the 3 days started each day with the group watching a talk extract on a particular theme and then moving into smaller groups to hold a dialogue. The second half of each morning was then dedicated to presentations, Krishnamurti and digital and social media, closer ways of collaborating between Brockwood and Committees, and presentations from specific committees, e.g. the dialogue process, activity in France related to their centre called “La Maison” (a lovely old house in the French countryside). Afternoon sessions focused specific questions especially related to discussing existing and new ways of dissemination information on the teachings. On the middle day in the afternoon two groups were formed with one going on a local walk, and the second spending the afternoon exploring Winchester. There were two impromptu concerts held on the Saturday and Sunday evenings with quite extraordinary talent.

Overall the international committees were staffed by dedicated people who were all facing reasonably common challenges, such as low finances, and the internal challenges generally present when people get together to work in groups of trying to agree direction. The time at the international committees meetings for participants was valuable as it enabled everyone to take a helicopter view of their committee's activities and look at them within the context of many other similar groups.

Resulting from these meetings it became clear that KANZ has two key challenges, promoting the teachings successfully to young people, and involving active people in KANZ

By seeing the work of other committees KANZ was able to look at the work that it could/would like to do in a realistic way and see what is achievable with its limited resources, with maximum impact.

1. Web Site – this acts as a window into KANZ
2. E-Newsletter – this enables KANZ to maintain contact with people in NZ interested in the teachings
3. Dialogue Groups – there are now three dialogue groups (Auckland, Palmerston North, and Christchurch). KANZ can provide promotional support to help attract more people to the groups
4. Dialogue Process – KANZ has the ability to help the current dialogue groups increase the quality of their dialogue process. This was discussed at the ICM.
5. Two upcoming feature films – there are two feature films in production, one on K and one on David Bohm. This is an opportunity for KANZ to build on the release of these films to raise interest in the teachings in NZ.

The overall outcome from KANZ attending the ICM was that it looks like KANZ is doing well with the resources available in the management of a web site and circulation of a monthly newsletter. The NZ dialogue groups are in a good state. However, there is opportunity to promote them further, e.g. on Facebook, to gain additional participants and to provide some effective guidance re the dialogue process. Given this KANZ has now created a dedicated Facebook page and is promoting the New Zealand dialogue groups. The page has 150 followers after four weeks of existence.

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## Krishnamurti Foundation of America Annual May Gathering





The Krishnamurti Foundation of America held a two day Gathering at Ojai, California in early May. The theme was "Understanding Ourselves".

Over the coming months this newsletter will present links to some of the key sessions from the Gathering.

This month the speaker is Michael Mendizza and the title of the session was "[Always Awakening](#)".

Michael Mendizza was drawn to Krishnamurti's insights in 1974, traveled with Krishnamurti, documenting his talks and interviewing over 100 individuals close to him, the foundations and schools with colleague Evelyn Blau, resulting in several feature documentaries, numerous education programs, exhibits and the book Flowering. Drawing on what has been called these First Generation interviews Michael is committed to the creation of a series of programs: Walking by The Side of Your Mind; on Krishnamurti and the various themes he so often spoke about, Love, Conflict, Choiceless Awareness, The Religions Mind, etc. Complementing this Michael has interviewed an equal number of leading figures in the field of child development and education exploring optimum states learning and performance. He is the author, along with Joseph Chilton Pearce, of Magical Parent – Magical Child, and is the founder and director of [Touch the Future](#).

View Michael Mendizza's presentation [here](#).

## Can We Change?



What is consciousness? Is mental life just the product of the brain? Or is consciousness unique, fundamental, revealing a hidden reality? Understanding what consciousness is, why and how it evolved, is perhaps the greatest mystery.

If we were asked what lies at the root of our consciousness, what would we say? We might say that there is an undeniable sense of a “my” consciousness, separate from “your” consciousness. In other words, by focusing on all the various unique experiences that each of us have undergone creates the sense of having an individual consciousness that is separate from everyone else’s. Are we missing something here?

Is our consciousness actually separate, or is it a movement of experiencing ourselves as having a separate consciousness, even as it is happening in a shared way in all of us? This turns the whole sense of ourselves on its head, as the falseness of this “shared experience of separateness” is revealed.

At the same time, we can see the personal and global suffering and violence that this separative movement of consciousness is creating. And the very fact that together, we are unavoidably part of this river of consciousness means that when one suffers, fundamentally we all suffer. There is no real separation in this consciousness and suffering, no truly personal suffering. In fact, the sense of it being personal may be the nature of this suffering.

The sad irony is that all of this may be based on a deeply-held but mistaken assumption that the inward experience of being separate is how things actually are.

*The content of my consciousness is my unhappiness, my misery, my struggle, my sorrow, the images which I have collected through life, the frustrations, the pleasures, the fears, the agony, the hatred – that is my consciousness. Can all that be completely emptied? Not only at the superficial level but right through? – the so-called unconscious. If it is not possible, then I must live a life of misery, I must live in endless, unending sorrow. There is neither hope, nor despair, I am in prison. So the mind must find out how to empty itself of all the content of itself, and yet live in this world, not become a moron, but have a brain that functions efficiently. Now how is this to be done? Can it ever be done? Or is there no escape for man?*

Krishnamurti in discussion with Prof Needleman in Malibu, 1971  
from Awakening of intelligence



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**How does one go to the very source of thought?**



If one is asked a question for which you have no answer, which means you are not looking, you are not waiting to be told, you are not searching, asking, you have said, 'I don't know'. When you say, I don't know, actually I don't know, what has happened to the quality of thinking? You are following this? Do it with me. When you actually say, I don't know, and you mean it, not say, 'Well I'll find out. I am waiting for an answer', but when you are absolutely clear that you don't know, what happens to the movement of thought?

View video [here](#).

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## Book Review: Krishnamurti for the Young



The Krishnamurti Foundation of India has brought out a series of small



books, entitled "Krishnamurti for the Young", to suit the needs of the younger children from around 11 to 14 years.

The books contain simple and short excerpts on themes that children can easily grasp, and also Krishnamurti's answers to questions from children.

Attractive colour drawings and 'Things to do' are other key features of the books (28 pages). So far titles in the series are:

#2.10 What is it to care?

#2.11 What does freedom mean?

#2.12 What does fear do to you?

From the introduction to the series "For the Young":

*"Krishnamurti for the young" is a series of books designed to help young people to understand and deal with the world within themselves – the world of hurts, fears, pleasures, ambitions, success, failures and so on".*

*"Isn't there another whole area of life that you would like to be aware of, be introduced to – the world of thoughts and feelings inside you? Must you not learn how you are hurt sometimes, what are the things that make you angry and how to deal with them, or what your fears are and how they affect your relationship with teachers and parents or friends? Don't you want to know how you respond to the beauty of life in trees and plants and animals around you, or how you feel when you see human beings suffer? Would you not like to find out what you love to do most so that what you do later as you grow up gives you a lot of joy?"*

The books can be borrowed from the New Zealand Postal Lending Library at [www.krishnamurt-nz.org/library](http://www.krishnamurt-nz.org/library)

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## Christchurch Dialogue Meetings

## Theme: What is happiness?

*Happiness is strange; it comes when you are not seeking it. When you are not making an effort to be happy, then unexpectedly, mysteriously happiness is there, born of purity, of a loveliness of being.*

*Jiddu Krishnamurti*

**Sunday, 1 October, 1:30 pm – 4:00 pm**

**Christchurch City South Library Learning Centre**

**66 Colombo Street, Sydenham Room**

(Please use the back door to the right of the main door)

**Enquiries:** [aakaasha@ihug.co.nz](mailto:aakaasha@ihug.co.nz), 03 329 4789

### Text:

Happiness – download [here](#)

### Showings of Krishnamurti videos and group dialogues:

#### CHRISTCHURCH

- monthly: contact Pauline Matsis 03 312 1470 / [paulinematsis@clear.net.nz](mailto:paulinematsis@clear.net.nz)
- monthly: contact Kyoko Giebel 03 329 4789 / [aakaasha@ihug.co.nz](mailto:aakaasha@ihug.co.nz)

#### PALMERSTON NORTH

- monthly: join online Meetup group [here](#)

#### AUCKLAND

- the last Sunday of every month: contact Krishna Umaria 09 488 7482 / [krishna.umaria@gmail.com](mailto:krishna.umaria@gmail.com)



### Postal lending library of books, dvd's, and cd's –

[www.krishnamurti-nz.org/library](http://www.krishnamurti-nz.org/library)

### Online Store

[Books](#) / [DVD's](#) / [CD's](#)

# Krishnamurti Association in New Zealand

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