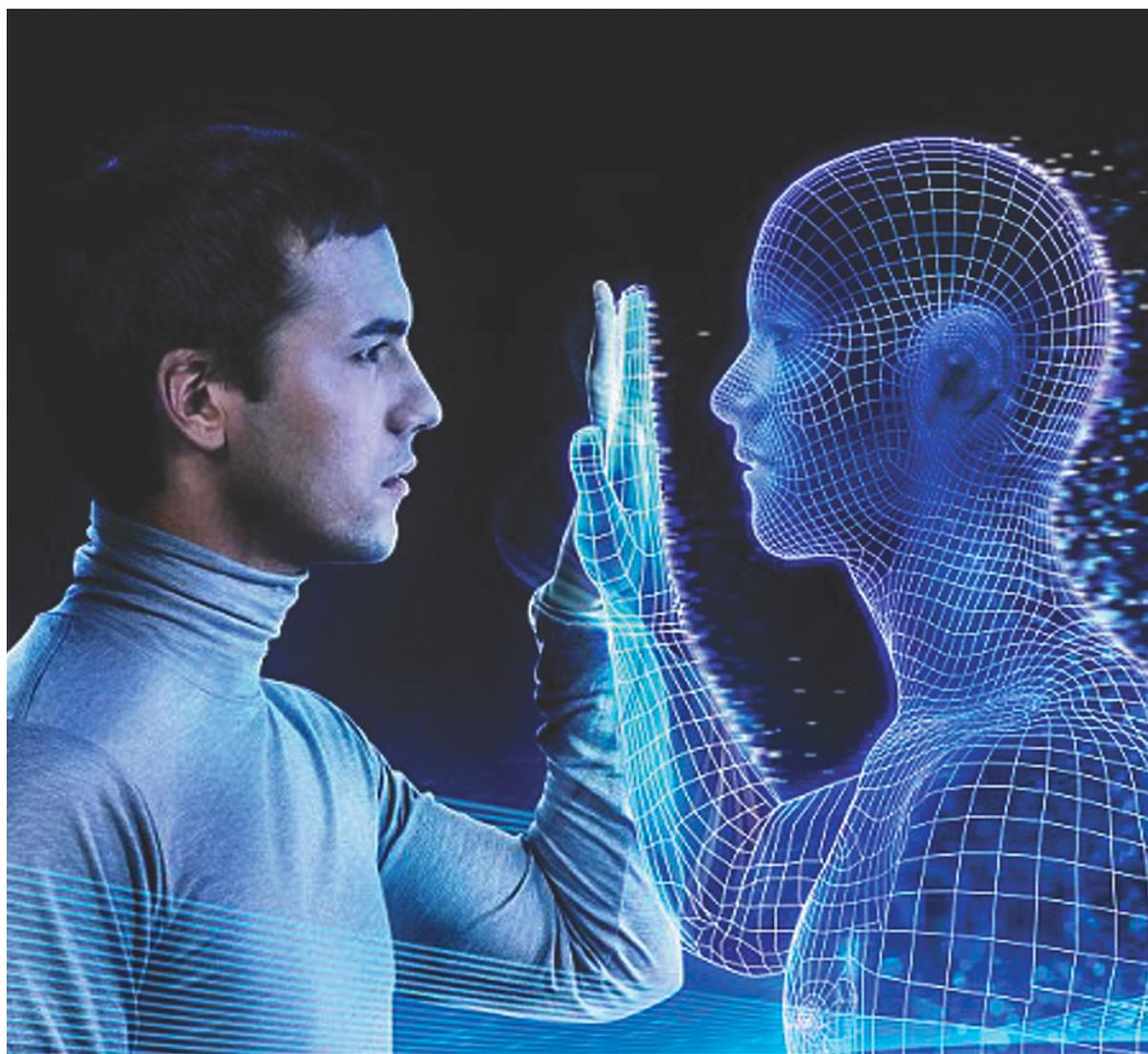


KANZ NEWS – August 2019

www.kanz.org.nz



To learn about oneself, all authority must come to an end

For centuries we have been spoon-fed by our teachers, by our authorities, by our books, our saints. We say, "Tell me about it" – and

we are satisfied with their descriptions, which means that we live on what we have been told.

Freedom from the Known

Krishnamurti: I want to learn about myself. Now, do I approach it with the knowledge I have acquired by reading Jung or Freud, or the theologians?

Questioner: From reading Freud you learn about Freud.

Krishnamurti: That's it, sir. I learn about Freud, I do not learn about myself. Therefore, when I learn through Freud about myself, I am not observing myself; I am observing the image which Freud created about me. So I have to get rid of Freud. So I have to throw away not only Freud and Jung, but also the knowledge which I have gathered about myself yesterday.

Meeting Life

So, what we are going to do is learn about ourselves – to learn actually what we are. To learn about oneself, all authority must come to an end, all authority – whether it be the authority of the church, or the local priest, or the famous analyst, or of the greatest philosophers, and so on. Then, there is not only the outward authority, which one can easily reject, but there is inward authority; the inward authority of one's own experience, of one's own accumulated knowledge, of the opinions, ideas, ideals which guide one's life, and according to which one tries to live.

Talks and Dialogues, Saanen 1967

The image and quotes above are taken from a series of exhibition panels created by Vikram Parchure. The title of the exhibition is "To the Young".

Vikram is a designer exploring design as an instrument of social change and value education.

Krishnamurti's deep concern for the young led him to exhort youth to insightfully understand that the old ways of problem-solving will prove too inadequate to deal with the complexity of present-day world dilemmas. He said that only a mind that is fresh, youthful, perceptive and ever-willing to

face the challenges of uncertainty can deal with this challenge successfully. What makes for such a youthful quality of mind, regardless of the body's physical age? This is the vitally important question that is explored in these panels.

Each KANZ newsletter is presenting one of the panels developed by Vikram for the reader's interest and reflection on the key themes of this exhibition.

A WEEKEND RETREAT Coromandel Peninsula 27th/29th September



Although thought is necessary, almost all of mankind's problems also have their origins in thought. Can thought find its right place in the human mind? This is what will be investigated during the retreat, through self inquiry, through silence, through dialogue, through observation, and aided by the words of J. Krishnamurti and Professor David Bohm.

The emphasis is on inquiry. The event is not based on any belief system, and there is no authority figure involved.

The venue is Koru Dojo, set in beautiful native bush on 363 Mill Creek Road, near Whitianga. The maximum number is 14 people. Day visits are possible, please inquire. The total residential cost, (from Friday dinner to Sunday lunch), will be from \$202 to \$182, depending on the type of accommodation taken.

All meals are provided, and are vegetarian.

Enquiries and bookings to:

Clive Elwell

[022 085 7184](tel:0220857184)

clive.elwell@gmail.com

[Retreat Facebook Page](#)

[Retreat Information Flier Download](#)

**Four Public Talks
Santa Monica, California, USA
1972**



Krishnamurti gave four public talks in Santa Monica in 1972.

This newsletter has presented the first three talks over the past few months.

The Fourth, and final talk, is entitled – "A different kind of energy"

The video can be viewed [here](#).

International Committees Bi-Annual Meeting held at Brockwood Park in July



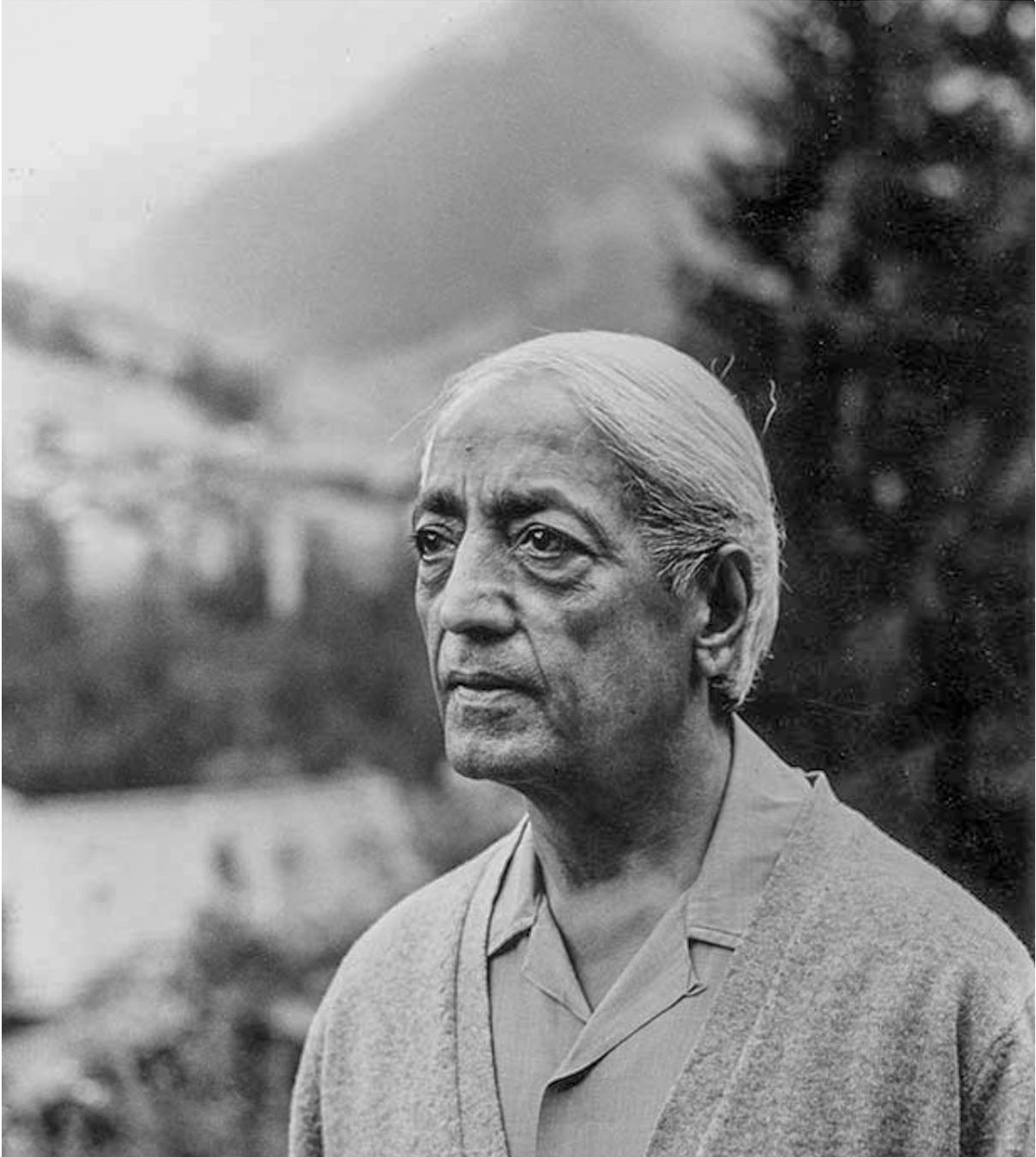
Representatives from twenty two countries, including two from New Zealand, met at the Krishnamurti Centre, Brockwood Park, in England in July.

Each country has its own committee focused on promoting the work of Krishnamurti. The committees produce newsletters, create web sites and Facebook pages, hold gatherings, and support dialogue groups. Some committees in non-English speaking countries also translate books and produce sub-titles for videos.

This year the representatives met over three days and shared information with each other and the Krishnamurti Foundation Trust.

The meetings enable committees to learn from each other, and also help the Krishnamurti Foundation Trust plan its future work.

The Whole Movement of Thought and Feeling



"Meditation demands an astonishingly alert mind; meditation is the understanding of the totality of life in which every form of fragmentation has ceased. Meditation is not control of thought, for when thought is controlled, it breeds conflict in the mind; but when you understand the structure and origin of thought, which we have already been into, then thought will not interfere. That very understanding of the structure of thinking is its own discipline, which is meditation.

Meditation is to be aware of every thought and of every feeling, never to say it is right or wrong but just to watch it and move with it. In that watching, you begin to understand the whole movement of thought and

feeling. And out of this awareness comes silence. Silence put together by thought is stagnation, is dead, but the silence that comes when thought has understood its own beginning, the nature of itself, understood how all thought is never free but always old – this silence is meditation in which the meditator is entirely absent, for the mind has emptied itself of the past."

J. Krishnamurti

The Ego/Self-System Part II: A Neuroscience Perspective



"The root of contradiction is this division between the thinker and the thought. And the two cannot be integrated. But if one observes the structure of the thinker, you will see the thinker is not, when thought is not. It is the thought that breeds the thinker, the experiencer, the entity that creates time, and the entity who is the source of fear." – J. Krishnamurti

Krishnamurti stated that we are *nothing*, that the self is not real, in the sense of it not being a thing. What does brain science have to say about this very radical position?

If there is no physical structure central to self, a self-structure that runs the brain, a *me* that is in control, what creates this uncanny sense of self as the operator of the system? An answer may lie in looking at how the brain produces consciousness, since this sense of self as operator and knower resides in consciousness.

Read full article [here](#).

(Part I: A Historical Perspective was published in the December 2018 edition of this newsletter)



The Krishnamurti Foundation of America hosted their Annual Gathering at the Oak Grove School in Ojai, California in May.

The Gathering celebrated the 50th anniversary of the Krishnamurti Foundation of America with interesting talks from speakers such as

Michael Mendizza, (author, filmmaker, and former KFA trustee), Michael Krohnen, (Krishnamurti's friend and personal chef), and Prof. Krishna, (Trustee of the Krishnamurti Foundation of India).

Over the next few months KANZ will present recorded videos from the event programme.

The third presentation presented is from Saturday 4th May and is entitled "Freedom from Our Conditioning in the Age of Technology and Artificial Intelligence" with Fran Faraz, and can be viewed [here](#).

Book Review: "Understanding Ourselves"

A book celebrating the first 30 years of Brockwood Park School



Late in the 1960's, an international school was founded in England at Brockwood Park in Hampshire. The book "understanding Ourselves", celebrating the first 30 years of the school, presents Krishnamurti's public talks and discussions at Brockwood Park to which large audiences came in 1969, the first year of the school's existence. In these powerful talks, Krishnamurti speaks on themes such as: seeing directly what we are, listening without conclusions, learning in freedom and understanding what love is. Part two of the book includes a conversation between Mary Zimbalist and Mary Cadogan, two of the founding trustees of the school, who describe Krishnamurti's approach to starting the school and his deep and continuing involvement in it.

They point to Krishnamurti's intent that it be a place where students and staff would together 'shatter' their conditioning.

The book can be purchased from Krishnamurti Foundation Trust's online bookshop at:

http://www.kfoundation.org.uk/acatalog/Books_by_Krishnamurti.html

And can be borrowed from the Krishnamurti Postal Lending Library in NZ, see:

<http://www.krishnamurti-nz.org/library>

To contact us, email:

Krishnamurtinzwebsite@gmail.com

For a complete list of books available in the Krishnamurti Postal Lending library, see:

<http://www.krishnamurti-nz.org/library/books>

There is no charge for borrowing.

Christchurch Dialogue Meeting

It is not difficult to trim and lop off certain branches of conflict, but we are asking ourselves whether it is possible to live in complete inward, and therefore outward, tranquillity? Which does not mean that we shall vegetate or stagnate. On the contrary, we shall become dynamic, vital, full of energy.

Saturday, 24 August, 2:00pm – 4:00pm

Christchurch City South Library Learning Centre

66 Colombo Street, Sydenham Room

(Please use After Hours Entrance at the far end of the building furthest from Colombo Street)

Enquiries: aakaasha@glenrowan.nz, 03 329 4789

Showings of Krishnamurti videos and group dialogues:

CHRISTCHURCH

– monthly: contact Pauline Matsis 03 312 1470 / paulinematsis@gmail.com
 – monthly: contact Kyoko Giebel 03 329 4789 / aakaasha@glenrowan.nz

PALMERSTON NORTH

– contact Nadya Kaplyukova / mua_mail@yahoo.com

HAMILTON

– contact: Clive Elwell 022 085 7184 / clive.elwell@gmail.com

AUCKLAND

– the last Sunday of every month: contact Krishna Umaria 09 488 7482 / krishna.umaria@gmail.com



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